Instructions for sizing rubber bands with sport buckle:

1. Using a pointed side of the band adjusting tool or a plastic handled thumb tack, depress on the spring bar inside the hole (A) of a “12” o’clock side of the clasp. Move it all the way inside the clasp to give you 2 holes out in the future (like pictured). Using the same method release and remove spring par on the “6” o’clock side of the band at point (B). Close the clasp.

2. Wrap the watch around your watch wearing wrist with “6” o’clock side with clasp overlapping “12” o’clock portion of the band, until the band fits nicely on the wrist.

3. Count number of plugged holes that would have to be cut to achieve a perfect fit.

4. Please note, that the bulk of the adjustment has to be done at the “6” o’clock side, i.e. “6” o’clock side should have 3-5 less holes than the opposite side, in order to achieve a perfectly balanced fit on the wrist. (For example: if it looks like you would need to cut 8 holes for a comfortable fit, it is recommended that you cut 4 at “6” o’clock and 3 at “12” o’clock. Put the band together using a pointed side of the adjustment tool, pressing down and sliding the spring bar into the hole (B). Try it on. Check the position of the clasp – it should be parallel to the watch. If the band is still loose, cut the final hole at the side that makes it even.)

5. To cut, use a very sharp paper/material scissors (for example: Fiskars brand) or exacto blade, and make a first cut just about 2.00mm of the hole plugged by dummy pin at clasp “6” o’clock side - to “practice”. Try to stay in a straight line!

6. If you feel that these directions are confusing, please take the watch to the nearest watch repair place or call us at 303-691-2521 and we will try to “walk” you through on the phone.